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## President's Message

It is a moment in time that this newsletter is being circulated. A special kudos to the team of Prof Altaf Hashmi who have on a short time target successfully published this newsletter online. We hope that soon we will be able to have an online and a printed version as well. We hope to continue this quarterly. Participation from all members to contribute to this effort will be appreciated.

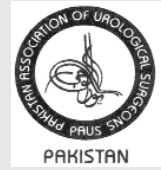
To make it truly a newsletter, for all from all, we have assigned a column for each chapter. It will be the responsibility of one of the executive from that chapter to provide the summary each month of the monthly meeting or any other educational or related social activity. Any courses or training program of the respective chapter may also be forwarded for information and participation. A picture is worth a thousand words, so do send one.

This first newsletter may not be able to reach all the members, so kindly forward it to all you know and request them to visit the website <http://www.pausonline.org> and update their contact information or contact Mr Waseem Hameed on ([paus.secretariat@gmail.com](mailto:paus.secretariat@gmail.com)).

Any Society or Association is as good as the

The Higher Education Commission (HEC) has granted permission of degree awarding status to SIUT Trust, a nongovernmental private sector body. Sindh Institute of Medical Sciences (SIMS) will be an academic degree awarding Institution under SIUT Trust. Sindh Assembly in its June 2009 session had passed a bill to give the above mentioned a legal status.

## Editorial Board



### Editor in chief

Altaf Hashmi

### Editorial board

Hammad Ather  
Asad Shahzad Hasan  
S. A. Saeed  
S. Mamun Mehmood

## Major Events

October 15 – 16, 2009

**EULIS 2009**

Lake of Como, Italy

October 06 – 10, 2009

**27th World Congress  
of Endourology &  
SWL**

Munich, Germany

November 13 - 15 2009

**2nd AKU  
ENDOUROLOGY  
UPDATE AND  
WORKSHOPS**

March 21 – 23, 2010

**PAUS ANNUAL  
CONFERENCE 2010**

November 2011

**3rd URO ONCOLOGY  
UPDATE AND  
WORKSHOPS**

March 21 – 23, 2011

**PAUS ANNUAL  
CONFERENCE 2011**

For further information

[paus.secretariat@gmail.com](mailto:paus.secretariat@gmail.com)

## Events

### UROCON 2009

On 17th of April 2009 UROCON was held in Lahore. The conference was attended by delegates and participants from all over the country as well as from UK and USA. The Conference was preceded by live operative session on laparoscopy. Quality of papers presented indicated the improving standards of urology in the country. UROCON 2009 provided a forum for exchange of ideas that will go a long way for the development of Urology in Pakistan.

### FCPS Exam preparation

The Postgraduate training programme for the preparation of fellowship trainees of urology will be conducted at Lahore General Hospital by Prof. Salman Waris in the month of April 2010.

### MESOT Fellowship Program

MESOT (Middle East Society for Organ Transplantation) is pleased to announce the establishment of the MESOT Fellowship Program of 1-2 years in duration for physicians and surgeons from the Middle East region willing to acquire some particular skills related to various aspects of organ transplantation. The objective of this program is to promote and advance organ transplantation in under-served areas of this region of the world by helping them to establish local transplant programs or to improve an existing program

A limited number of grants are available for the time being

Application deadline is the 30th of June of each year

Any individual interested in this training program should direct his or her inquiries to:

**Bassam Saeed, M.D.**  
**Chairman, MESOT Fellowship Program**  
**P.O.Box: 8292**  
**Fax: +963 11 4462800**  
**Damascus - Syria**  
**E-mail: bassam.said@gmail.com**

## RADICAL Prostatectomy



Radical prostatectomy is considered as the gold standard in the management of organ confined prostate cancer in selected individuals. The indications for surgery remains intermediate to high risk prostate cancer which is < pT3, in men with expected life expectancy of >10 years. The surgical technique is refined since the description of Patrick Walsh, this has not only improved the functional outcome of radical prostatectomy but also increased its acceptability in the population.

*Farhat Abbas*

### PAKISTAN ASSOCIATION OF UROLOGICAL SURGEONS (PAUS) Aga Khan University Conceptual Basis Urology Courses

Tuesday, June 2, 2009 – 8:00 – 10:30 AM

Lecture Hall 2 – Aga Khan University

#### Principles and Practices of Watchful Waiting in the Management of Localized Prostate Cancer

*Dr. Khurram Siddiqui*

WW has always been a controversial strategy in the management of localized prostate cancer. Data from now mature trials have increased the acceptability of WW as a modality in treating select group of patients. The protocols for putting a patient on WW are now better defined and points of intervention are better understood. This talk would be focusing on how and when to offer WW.

#### Using Evidence in Decision Making

*Dr. Hammad Ather*

Evidenced based clinical decision making in the management of PC is helped by the guidelines and nomograms. There real life applications will be presented.

#### Radiation Therapy in Organ Confined Prostate Cancer

*Dr. Nasir Ali*

The most effective therapy for clinically localized prostate cancer is controversial. There are no randomized trials that have resolved the question of what constitutes the best treatment for men with localized prostate cancer. Ultimately, the choice of treatment is determined by a variety of factors including patient preference, physician judgment, and resource availability. The role of radiation therapy will be discussed in organ confined prostate cancer.

#### Surgical Management of Localized Prostate Cancer

*Dr. Farhat Abbas*

The anatomical and surgical basis of Radical prostatectomy, in addition indications in the light of current evidence will be discussed.

#### Problem Based Case

*Dr. Zaheer Alam*

Real life cases will be presented to elicit consensus on management. In this interactive session experts and audience will try to reach consensus in the light of literature.

News

## Paediatric Urology



An estimated 15000 children are born each year with developmental defects of the urinary tract and in addition thousands of them suffer from stone disease. In Pakistan healthcare expenditure is only 2% of GDP, where 0.4% is spent by the Government. Children are the worst sufferers as meager resources are diverted to more demanding adult population. This makes them the most vulnerable and neglected segment of our society. Healthcare facilities are inadequate and especially scarce for the treatment of urological diseases.

Developmental defects of urinary tract are as common in our population as in other parts of the world. Prenatal urological care and services should be available to detect and manage cases with developmental defects of the urinary tract. All of these diseases could lead to urinary tract obstruction, repeated episodes of infection and damage to the kidneys, and may even lead to kidney failure requiring dialysis and kidney transplantation. ■

### The inauguration of "Paediatric Urology Workshop"

The inauguration of the "Paediatric Urology Workshop" was held on Wednesday, 25. February at the Sindh Institute of Urology and Transplantation (SIUT), Karachi. This four day workshop was the first of its kind to be held in Pakistan and it included lectures and research results along with sessions on live surgery on children with different urological anomalies. Dr.Philip Ransley, visiting Professor from the UK inaugurated the workshop. The Director of Sindh Institute of Urology and Transplantation, Professor Adib Rizvi, welcomed the guests and spoke of the tremendous challenge of providing healthcare to a large and predominantly poor population of the country. He said that in today's world, 20% of the population utilizes 80% of its resources. In developing countries, a constant struggle is faced with the injustices of bonded and child labour, oppression of women and increasing disparity between rich and poor. Only 1% of the GDP of Pakistan is allocated to the health sector.

The workshop had registered 200 participants from all over the country and abroad who gained experience in Paediatric surgery with special reference to congenital malformations of the Uro-genital system ■

### Urology in Quetta, Balochistan



**DR. HAQ NAWAZ**  
*Associate Professor Urology*  
Bolan Medical College & Civil Hospital,  
Quetta.

Quetta is largest city (population about 2.5 million) and the provincial capital of Balochistan province of Pakistan. The department of urology was established in 1993 at the Civil Hospital Quetta with a strength of 5 beds and 3 urologists.

Presently the department of urology at Bolan Medical college has two units located one at Civil Hospital and the other one at Bolan Medical college complex Hospital which include 40 beds each.

We have 12 urologists in both units consisting of two Professors, three Associate Professors, four Assistant Professors and three Senior Registrars. We started live related Renal transplantation at Civil Hospital Quetta in April 2005. We have got flexible and rigid Cystoureteroscopes, Resectoscopes, Lithotrites, Swiss Lithoclasts and Urodynamics at each centre. Very soon we will have ESWL, laser, fluoroscope and the amount of 75 million rupees has been allocated in provincial budgeted 2009-2010 for the purpose. We are also going to start Master of Surgery in Urology at post graduate medical institute (PGMI) Quetta. However, the department of urology needs appropriate training for the doctors and technical staff.

## Forthcoming Meetings and Events

### 14<sup>th</sup> Congress of the European Society for Organ Transplantation

30 Aug - 02 Sep, 2009,  
Paris, France.  
[www.esot.org/Congresses/Paris/Default.aspx](http://www.esot.org/Congresses/Paris/Default.aspx)

### 43<sup>rd</sup> Annual Scientific Meeting

of the European Society for Paediatric Nephrology  
02 - 05 September 2009,  
Birmingham, UK  
[www.espn2009.co.uk](http://www.espn2009.co.uk)

### 2009 Organ Donation Congress

10<sup>th</sup> ISODP and 16<sup>th</sup> ETCO  
October 4 - 7,  
Berlin, Germany  
[www.isodp2009.org](http://www.isodp2009.org)

### 30<sup>th</sup> Congress of the Société Internationale d'Urologie

01-05 November 2009,  
Shanghai, China  
[www.siucongress.org/siu2009/](http://www.siucongress.org/siu2009/)

### 12<sup>th</sup> International Congress

15 December 2009,  
Kish Island, Iran ■

## HISTORIC VERDICT OF FEDERAL SHARIAT COURT ON ORGAN TRADE AND CADAVER TRANSPLANTATION

April 20, 2009 will go down as the historic date in Pakistan when the honourable Federal Shariat Court (FSC) gave its clear and unanimous verdict which clarifies that transplantation is permissible in Islam. The FSC gave the verdict that Islam is against the sale of Human Organs and that the sale of the organs to foreigner is also not permissible. The FSC also clarified that transplant ordinance 2007 is not against the principle of Islam and Sunnah. A petition was filed before the honourable Federal Shariat Court submitting that the limitation imposed by the Ordinance on donors and foreign national prospective

recipients was against Islam and should be struck down as un-Islamic.

In their unanimous decision the learned judges have strictly forbidden the sale of organs to locals and foreigners. They have quoted fatwa, religious edicts, of the Islamic world and pointed out that transplantation takes place in 12 Islamic countries.

Now the onus is on us to raise awareness about cadaveric transplantation. It is a mammoth task. We professionals must be ready to provide technical information. This will save an estimated 50,000 lives every year.

## Aga Khan University, Pakistan Association of Urological Surgeons (PAUS), and PAUS Education Office

### ACADEMIC ACTIVITIES

#### AKU CONCEPTUAL BASIS COURSES

Course Director: Dr. Hammad Ather

June 2, 2009 (Tuesday)

#### ORGAN CONFINED PROSTATE CANCER

August 4, 2009 (Tuesday):

#### METASTATIC RENAL CELL CARCINOMA

October 6, 2009 (Tuesday):

#### ERECTILE DYSFUNCTION

December 1, 2009 (Tuesday):

#### NON MUSCLE INVASIVE BLADDER CANCER

February 2, 2010 (Tuesday):

#### FEMALE UROLOGY AND URODYNAMICS WORKSHOP

April 6, 2010 (Tuesday):

#### METASTATIC PROSTATE CANCER

June 1, 2010 (Tuesday):

#### BENIGN PROSTATAIC OBSTRUCTION AND WORKSHOP OF TRANSURETHRAL SURGERY

August 3, 2010 (Tuesday):

#### MUSCLE INVASIVE BLADDER CANCER AND WORKSHOP ON ORTHOTOPIC BLADDER CONSTRUCTION

October 5, 2010 (Tuesday):

#### PEDIATRIC UROLITHIASIS

December 7, 2010 (Tuesday):

#### STAGHORN RENAL STONE

### International Paediatric Congress

#### Urology, Nephrology and Transplantation



**2010**  
3rd - 6th March

**SIUT**  
PAKISTAN

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